



INSIDE LOOK



In the month of April, **Autism Acceptance Month** is honored annually to eliminate stigmas, promote inclusion, and accept individuals with Autism. Autism or Autism Spectrum Disorder (ASD) are a broad range of conditions that contain challenges with social skills, repetitive behaviors, speech, and nonverbal communication. In the United States, 1 in 36 children and 1 in 45 adults have autism. To get involved in Autism Acceptance Month, you can attend events, participate in fundraisers or educate yourself and others about autism acceptance.

Source: <https://autismsociety.org/autism-acceptance-month/>

BE ABLE TO SAVE

ABLE (Achieve a Better Life Experience) is an investment and savings account for individuals with disabilities. This tax-free account allows individuals to save up to \$19,000 annually and a lifetime maximum of \$305,000 in the state of New Jersey. ABLE savings does not affect benefits such as Medicaid, Medicare, FAFSA, HUD, SNAP, or SSDI. Contributions from family or friends are not counted as income for an ABLE account. To see if you are eligible, please visit the website www.nj.savewithable.com or call 1 (888) 609-8869 to save smart and secure your financial future goals.



DIAL *Recreation Corner*

In the month of March, there were lots of exciting activities at the DIAL Recreation Program. The month started with consumers making Mardi Gras masks for Fat Tuesday. The masks were colored with bright pens and embellished with sequins, rhinestones, glitter and ribbons. These one-of-a-kind masks got everyone in the Mardi Gras spirit!

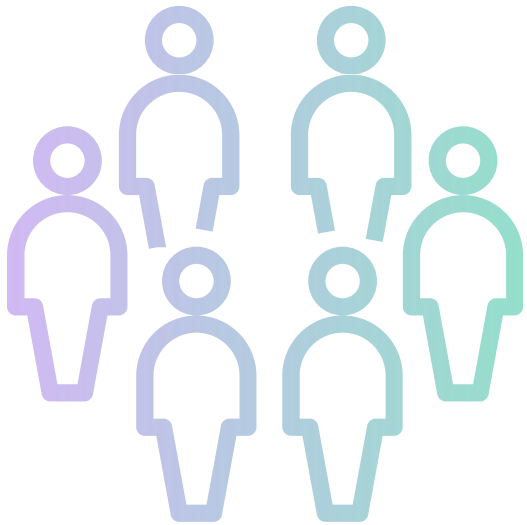
Soul Line Dancing was next, and consumers learned various line dance routines to the greatest of Motown and other R & B hits! Not only was this an exciting activity, but everyone found out that there are many health benefits from this kind of workout.

Everyone is Irish in the month of March and at the DIAL Recreation Program there were no exceptions. In honor of St. Patrick's Day, the group did a rock painting project. Everyone got to paint carefully picked rocks using traditional Celtic designs while others created their own designs. "Lá Fhéile Pádraig Sona Daoibh!"

If you are interested in being of part of the DIAL Recreation Program, please contact Susan Kramer at (973) 470-8090 or via email at skramer@dial-cil.org.



PROTECT MEDICAID



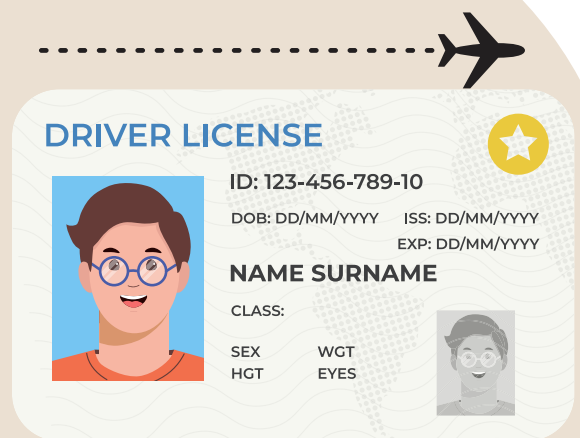
Medicaid is a comprehensive health insurance program that allows adults, seniors, veterans, children, and those with disabilities to receive healthcare, home-care, and community-based supports. Currently, Medicaid is under attack, with plans to cut \$2.3 trillion from federal funding for Medicaid and dismantling the Affordable Care Act (ACA). Without Medicaid, this will impact millions in the U.S. which include **1.9 million New Jersey residents**. Without Medicaid, many will be left without coverage for healthcare, medications and treatment. This will significantly reduce the overall quality of life for several people within the U.S. Thus, it is critical time to protect Medicaid. If you are an individual or know someone with Medicaid, please contact 1 (866) 426-2631 to let your voice be heard and take action.

Source: <https://disabilityrightsnj.org/protect-medicaid/>

REAL ID INFORMATION

Starting May 7, 2025, a **REAL ID** is needed in order to fly in the U.S. A REAL ID is identified with a star on the upper corner on a license or ID. If you have a valid U.S. passport, a federally approved form of identification, or do not fly, a REAL ID is not necessary. A standard license can still be used for driving. However, it cannot be used to fly as it contain the words "NOT FOR REAL ID PURPOSES" in the right corner. To obtain a REAL ID or questions, contact your local Driving Motor Vehicle.

Source: www.nj.gov/mvc/realid/



DIAL Upcoming Events



Passaic County Peer Support Group

Date: April 3rd, 2025

Time: 6:00pm - 7:30pm

Address: 292 Piaget Avenue, Clifton, NJ 07011

Essex County Peer Support Group

Date: April 9th, 2025

Time: 6:00pm - 8:00pm

Held via ZOOM Until Further Notice

Monthly Independent Living Skills Program

Date: April 29th, 2025

Time: 6:30pm - 8:30pm

**Address: 900 Clifton Avenue, Clifton, NJ 07013
(Clifton Senior Barn)**



**DIAL - CENTER FOR INDEPENDENT LIVING
2 PROSPECT VILLAGE PLAZA FLOOR 1
CLIFTON, NEW JERSEY 07013
(973) 470-8090—PHONE
(973) 556-0226—VIDEO PHONE
(973) 470-2521—TTY**

